Life Report

Meera (sample reading)

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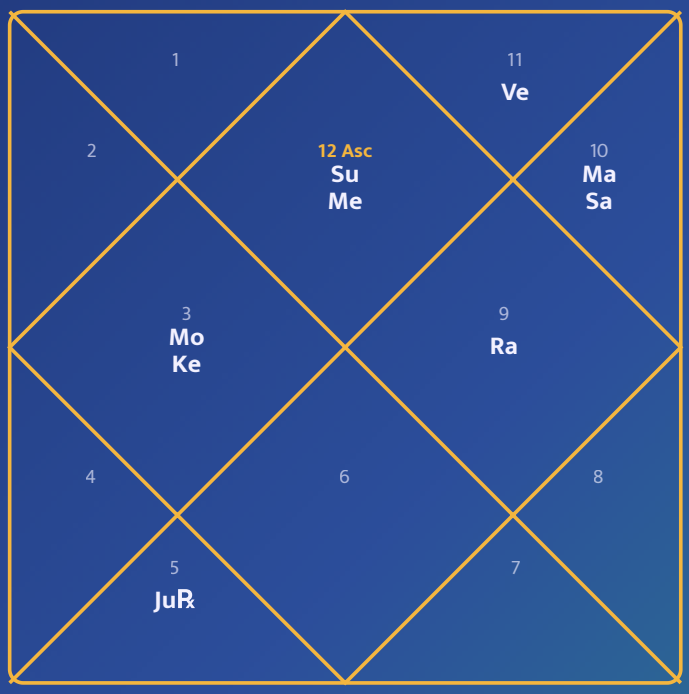

Numbers are **signs** (1 Aries … 12 Pisces). Houses are fixed boxes: the top diamond is the **1st house**, then anticlockwise.

Lagna Pisces 18.4° · **Moon** Gemini, Punarvasu pada 2 · **Now running** Mercury–Sun until 18 Feb 2027

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How to read this

▼ **Learn the basics: Lagna (ascendant), Moon sign (rashi), Sun sign: Western vs Vedic, Sign (rashi), Degree, House (bhava), Planet (graha), Nakshatra (lunar mansion), Pada (quarter), Birth time accuracy, Ayanamsa**

Lagna (ascendant)

The sign that was rising on the eastern horizon at the exact minute and place you were born.

Like the front door of a house: everything else in the chart is arranged around where you enter.

> In real life
>
> For example, two friends born the same day in Satna but three hours apart can have different lagnas, so one tends to be cautious and the other bold in the same situation.

Moon sign (rashi)

The sign the Moon was in when you were born. Vedic astrology uses it to read your mind and mood.

Like your phone's home screen: it shows how you feel day to day, not what is under the hood.

> **In real life**
> For example, Neha with Moon in Cancer may feel calm only when her home is tidy and her family has eaten, whatever else is going on at work.

Sun sign: Western vs Vedic

Vedic astrology uses the sidereal sky, which sits about 24 degrees behind the Western tropical sign. Many people find their Sun sign is the one before what magazines told them.

Like two maps drawn from slightly different starting lines: both are neat, but they name the same spot differently.

> **In real life**
> For example, Arjun was told all his life he was a Leo, but in the Vedic chart his Sun sits in Cancer, which explains why he is more family-minded than showy.

Sign (rashi)

One of 12 equal 30-degree parts of the zodiac, such as Aries or Taurus. A sign gives a planet its style.

Like the dress code of a place: the planet is the person, the sign tells how they turn up.

> **In real life**
> For example, Mars in Capricorn acts like a planner who works through the quarter quietly, while Mars in Aries acts like someone who jumps in the moment a task appears.

Degree

Each sign is a 30-degree slice of the sky. A planet at 2 degrees has just entered the sign, and at 28 degrees is about to leave it. Near either edge, a few minutes of birth time can change the sign or house.

Like a train just pulling into a station versus one about to depart: the same station, a very different feel.

> **In real life**
> For example, Priya's Moon is at 29 degrees of a sign. If her birth time is off by twenty minutes, her Moon may fall in the next sign, so her chart reading would change.

House (bhava)

One of 12 areas of life, counted from your lagna: self, money, siblings, home, children, work routine, partnership and so on.

Like the rooms of a flat: each room has a purpose, and what happens in it affects the whole home.

> **In real life**
> For example, when planets visit your 4th house, the topic is usually home: a repair, a family shift, or a longing for a calmer evening.

Planet (graha)

In Vedic astrology, a graha is any of the 9 forces: Sun, Moon, Mars, Mercury, Jupiter, Venus, Saturn, Rahu and Ketu. Rahu and Ketu are not physical bodies.

Like the nine key people in a family business, each with a different job and temperament.

> **In real life**
> For example, in a joint family, one person handles money, one handles guests, one keeps discipline. The nine grahas are like that, each handling a different department of your life.

Nakshatra (lunar mansion)

One of 27 equal slices of the sky, each about 13 degrees 20 minutes wide. The nakshatra your Moon was in adds finer detail to your nature.

Like the street name inside a city: the sign is the city, the nakshatra is the colony you live in.

> **In real life**
> For example, two people with Moon in Aries can differ: one in Ashwini is quick and restless like a runner, another in Bharani carries things patiently like a person who never drops a duty.

Pada (quarter)

Each nakshatra is split into 4 padas, each about 3 degrees 20 minutes wide. The pada places the planet in a particular navamsa sign.

Like the house number inside a colony: it narrows things down further.

> **In real life**
> For example, Farhan and his cousin share a nakshatra, yet their padas differ, so one prefers steady shop work and the other likes talking to customers all day.

Birth time accuracy

How precisely your time of birth is known. A few minutes can change lagna, house placements and dasha timing, so accuracy matters.

Like a photo that is slightly out of focus: you can see the shapes but not the fine print.

In real life

For example, Arjun's early business struggles taught him to manage money well. Years later, the same planet that looked weak on paper is the reason he runs a steady, trusted firm.

Yoga (planetary combination)

A particular arrangement of planets in the chart that is said to produce a particular pattern, such as the Gajakesari or Budh-Aditya yoga.

Like a recipe: the ingredients are planets and houses, and the dish is the pattern you may notice in your life.

In real life

For example, a person with a Hamsa yoga may be the one friends call for honest advice, because wise, fair counsel is the pattern that yoga describes.

Retrograde (vakri)

A planet that appears to move backward from Earth's view. Classically it gains inward strength and asks for a second look.

Like re-reading an exam paper before submitting: slower, but it catches the mistakes.

In real life

For example, with Mercury retrograde in his chart, Ravi re-checks every invoice and contract, and he is known for fewer mistakes than his more hurried colleagues.

Combust (asta)

A planet that sits very close to the Sun in the sky. Its own voice is said to be overshadowed by the Sun's.

Like a quiet teammate standing next to a very loud captain: his ideas exist, but they are hard to hear.

In real life

For example, with Venus combust, Priya may feel her need for affection is hidden behind her duties, so she has to say what she wants out loud.

Your rising sign is Pisces, ruled by Jupiter, which sits in your 6th house (work routine, debts and health habits). You help others in daily service, though debts, weight or health routines need attention. Growth edge: do not stretch your good nature to people who do not respect it.

In real life

Like Fatima, 39, a community health worker in Hyderabad, who helps neighbours with forms and small loans. After one relative never repaid, she now sets kind but clear limits.

Does this match you? This is me Not me

Your Moon, your mind, is in Gemini, in the 4th house, in Punarvasu nakshatra (ruled by Jupiter). A classical placement for emotional comfort, a close bond with the mother and a deep need for home. Growth edge: build peace from within as well as from your surroundings.

In real life

For example, Kunal, 40, in Kochi, works long hours but feels truly settled only in his mother's kitchen. His own rented flat still feels like a hotel.

Does this match you? This is me Not me

Mars is strong (exalted) in your 11th house. Gains by effort, and ambitious, active friends. Growth edge: set goals that include rest, and avoid competing with friends for status. A planet in its sign of exaltation (BPHS: Sun in Aries, Moon in Taurus, Mars in Capricorn, Mercury in Virgo, Jupiter in Cancer, Venus in Pisces, Saturn in Libra) tends to express its qualities at full strength and with ease. Notice where it sits, because that area often gets more natural support. Strong does not mean effortless, so keep using the gift.

In real life

Think of Karthik, 26, in Chennai, whose small business grows through hard work and an equally driven friend group. He feels uneasy when a friend buys a bigger car.

Does this match you? This is me Not me

Saturn is strong (in its own sign) in your 11th house. Slow but sure gains, a few loyal friends and steady income from long effort. Growth edge: do not measure your worth by delayed rewards. A planet in its own sign is at home and reliable. Its themes tend to be

Moon · Gemini · 4th house · in a friendly sign

The Moon asks you to befriend your moods instead of obeying them. Feelings are weather, not verdicts. Learn to feed your mind with routine, rest and honest company.

> **In real life**
> For example, Neha notices her mood shifts with her home: a messy room or an unanswered message from her mother can colour her whole afternoon.

A classical placement for emotional comfort, a close bond with the mother and a deep need for home. Growth edge: build peace from within as well as from your surroundings.

> **In real life**
> For example, Kunal, 40, in Kochi, works long hours but feels truly settled only in his mother's kitchen. His own rented flat still feels like a hotel.

A planet in a friend's sign is comfortable and supported. Its results tend to come with cooperation and reasonable ease. Acknowledge the help you get and return it.

Practice: Keep the same bedtime and wake time on five days this week, and note your mood in one line each evening. Optional devotional line: sit for ten minutes under moonlight on a Monday.

Chapter	Age	Dates	What it is about
Jupiter	0–9	Jan 1985 – Jan 2001	A period of learning, guidance, family growth, ethics and widening opportunity. Teachers, advisers and faith matter more.
Saturn	9–28	Jan 2001 – Jan 2020	A period of work, responsibility, structure, service and long-haul results. Pace slows, standards rise, and what you build holds.
Mercury · now	28–45	Jan 2020 – Jan 2037	A period of study, trade, communication, skill and quick adaptation. Information, contracts, networks and learning move forward.
Ketu	45–52	Jan 2037 – Jan 2044	A period of detachment, inner work, research and endings that clear space. Outer ambition may feel less urgent while inner interest deepens.
Venus	52–72	Jan 2044 – Jan 2064	A period of relationships, comfort, art, money and refined pleasure. Love, partnerships, vehicles and enjoyment take a central role.
Sun	72–78	Jan 2064 – Jan 2070	A period about identity, authority, the father and how you stand in public life. Clarity of purpose and visibility rise; so do questions about ego and recognition.
Moon	78–88	Jan 2070 – Jan 2080	A period about the mind, home, mother, public contact and emotional nourishment. Moods, relationships and daily rhythm take centre stage.
Mars	88–95	Jan 2080 – Jan 2087	A period of action, effort, property, siblings and competition. Energy and decisiveness are higher, and so is friction.
Rahu	95–113	Jan 2087 – Jan 2105	A period of ambition, foreign links, new technology and unconventional paths. Appetite for more is strong, and so are rapid change and confusion.

Now: the Mercury chapter (until 18 Jan 2037)

The lesson: To think clearly, speak precisely and finish what you learn. Learn the difference between knowing and doing.

> **In real life**
> Like a time when Priya studies new things, signs more contracts, writes more messages and builds a wider network. Her mind runs fast, and she learns to finish one thing before starting three more.

Mercury rules your 4th house (home, mother and peace of mind): With the dasha lord in or ruling house 4, home, mother, property, vehicles and inner peace are active themes. Moves, repairs or purchases may appear, along with a need for rest. Build a steady home rhythm and check paperwork on any property decision.

Mercury rules your 7th house (partnership and marriage): With the dasha lord in or ruling house 7, partnership, marriage, contracts and public dealings are active. Agreements are made or revised. State needs plainly, read contracts closely and choose partners for character.

Next: the Ketu chapter, from January 2037

A period of detachment, inner work, research and endings that clear space. Outer ambition may feel less urgent while inner interest deepens. **The lesson:** To let go without bitterness. Learn what is essential and how to be at ease with less.

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This year

▼ **Learn the basics: Transit (gochar), Sade sati**

Transit (gochar)

The planets keep moving in the sky today. Transit means where they are right now compared with your birth chart.

Like the weather today compared with the climate where you live: climate is your chart, weather is the transit.

> **In real life**
> For example, when Saturn passes over a sensitive point in your chart, Priya may feel more responsibility at work for a couple of years, then it passes as Saturn moves on.

Sade sati

The roughly seven and a half years when Saturn passes through the sign before, the sign of, and the sign after your Moon sign.

Month	Period	Jupiter	Saturn	Focus
Nov 2026	Mercury–Sun	3	10	Consolidate; finish what is open
Dec 2026	Mercury–Sun	3	10	Consolidate; finish what is open
Jan 2027	Mercury–Sun	3	10	Consolidate; finish what is open
Feb 2027	Mercury–Sun	2	10	Openings in money, family and speech
Mar 2027	Mercury–Moon	2	10	Openings in money, family and speech
Apr 2027	Mercury–Moon	2	10	Openings in money, family and speech
May 2027	Mercury–Moon	2	10	Openings in money, family and speech
Jun 2027	Mercury–Moon	2	11	Openings in money, family and speech
Jul 2027	Mercury–Moon	3	11	Effort pays in income, gains and networks
Aug 2027	Mercury–Moon	3	11	Effort pays in income, gains and networks
Sept 2027	Mercury–Moon	3	11	Effort pays in income, gains and networks
Oct 2027	Mercury–Moon	3	11	Effort pays in income, gains and networks

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This week

▼ **Learn the basics: Tara (star strength), Chandra bala (Moon strength), Rahu kaal**

Tara (star strength)

A count from your birth nakshatra to the day's nakshatra, grouped into nine kinds. Some days are called supportive and some need care.

Like checking if the road ahead is clear before starting a drive.

> **In real life**
>
> For example, Ravi notices that on days with a supportive tara he finishes tasks smoothly, and on a rough tara day he waits and reviews rather than signing important papers.

Chandra bala (Moon strength)

The strength of the day's Moon position counted from your own Moon sign. Some positions are said to be comfortable and some are tense.

Like checking your own mood before a big conversation.

> **In real life**
>
> For example, on a day of low chandra bala, Neha feels everything is slightly heavier, so she saves hard calls and decisions for another day.

Rahu kaal

A daily window of about 90 minutes, which changes by weekday and sunrise time, traditionally avoided for starting something new.

Like a red light on a road: not a disaster, just a signal to wait a moment.

> **In real life**
>
> For example, many Indian shopkeepers open the shutter as usual but wait until Rahu kaal ends before making the first big deal or signing the day's papers.

Graded from the Moon’s house counted from your natal Moon (Chandra bala) and your tara. Start important things on A days; on C days, keep to routine.

Why this verse is here for you: Moon is your soul's teacher (Atmakaraka), so steadying the mind is the lesson that runs through your whole life.

No doubt, mighty-armed, the mind is hard to restrain and restless; but by practice (abhyāsa) and detachment (vairāgya), son of Kuntī, it can be held.

In simple words: Krishna agrees that the mind is restless and hard to hold still. The way is slow and steady: keep practising, and keep letting go of what pulls you away.

▼ **What the words mean**

- **Mahābāho** — "mighty-armed", a name for Arjuna
- **Kaunteya** — "son of Kunti", a name for Arjuna
- **abhyāsa** — regular practice; doing something again and again
- **vairāgya** — detachment; not being gripped by every pull

▼ **Read it in Sanskrit**

असंशयं महाबाहो मनो दुर्निग्रहं चलं ।

अभ्यासेन तु कौन्तेय वैराग्येण च गृह्यते

asaṃśayaṃ mahābāho mano durnigrahaṃ calaṃ | / abhyāsena tu kaunteya vairāgyeṇa ca gṛhyate

Try this week: Sit quietly for three minutes today, and each time your mind wanders, gently bring it back.

Bhagavad Gita 3.35

Why this verse is here for you: anyone who reaches for a report like this has felt, at some point, not good enough. This verse answers that.

Better one's own dharma, even imperfectly done, than another's dharma well done; death in one's own dharma is better; another's dharma brings fear.

In simple words: Living your own life imperfectly is better than copying someone else's life perfectly. Comparing yourself to others is what brings fear.

▼ **What the words mean**

- **svadharma** — your own path or duty, the work and role that truly fit you
- **paradharma** — someone else's path or duty

▼ **Read it in Sanskrit**

14 Apr 2026 – 18 Feb 2027

Mercury–Sun period: A period about identity, authority, the father and how you stand in public life. Clarity of purpose and visibility rise; so do questions about ego and recognition.

Happened | Partly | Didn't

November 2026

Consolidate; finish what is open

Happened | Partly | Didn't

Saturday, 28 Nov · B

An ordinary day: steady work goes fine; nothing pushes for or against you.

Check back from 28 Nov 2026

Sunday, 29 Nov · C

A heavier day: delays, tiredness or friction are more likely. Routine works better than new starts.

Check back from 29 Nov 2026

Monday, 30 Nov · A

An easier day: what you start today should meet less resistance.

Check back from 30 Nov 2026

December 2026

Consolidate; finish what is open

Check back from 1 Dec 2026

Tuesday, 1 Dec · C

A heavier day: delays, tiredness or friction are more likely. Routine works better than new starts.

Check back from 1 Dec 2026